

Why do I have SMSC (PSHCE) lessons?

You will have the opportunity to hone a range of skills in every unit. Each unit calls on these skills at different points and very much depending on the subject matter.



What transferrable skills will I gain?

20	Communication Listening and responding to others
8 8	Team Working Working with others to solve problems
XQX	Interpersonal Skills Understanding social 'norms' e.g. turn-taking
	Analytical Skills Applying logic to unpick and evaluate
4	Problem Solving Finding and implementing solutions

What qualities will I develop?

3	Self-Reflective, Resilient and Adaptable You will think about and change your own performance
	Empathy and Compassion Understand the feelings of others
	Cultural Awareness Values, beliefs and perceptions of our own and other cultures
	Self Motivated Understand the importance of working hard for your own gain
?	Curious and Inquisitive Ask your own questions; find your own answers



Moving on to creating my own iourney

Global Responsibilities
Looking at and learning from topical, global
issues such as terrorism, extremism, conspiracy
and pandemics

Personal Choices

Taking risks and consequences. Contraception, STIs and pregnancy. Drugs and volatile



Careers and my future

Career Choices

Looking at career pathways, further education, the labour market and

employability skills

Μv Health

Body Confidence and Consent

Looking at factors that shape our perception of our bodies. Peer pressure, consent, sexual intimacy and the law

Safe Relationships

Looking at safe and unsafe relationships, consent, grooming and abuse

Emotional and Mental health

Looking at the stresses and strains on our mental health, methods of coping and where to find help.

Diversity Relationships

Law Menta and Health **Politics**

Diverse Lives

Looking at sexuality, gender and LGBTQ equality

British Law and Society

Looking at our laws, conflicts in society, consequences. How Parliament works and what politics are all about.

Year 8: Mv impact on the world

What is a Community?

Looking at my local community, what it means to be

Friendships

Looking at bullying, stressful relationships and stereotypes

Community

Healthy Lives

Respect

Identity

Discovering myself and my world

Year 7:

8

Year 9: How

the world affects me

Aspirations

Looking at careers and job roles. Leading on to health and wellbeing

Transition to Secondary

How this change affects me, changes that I am going through at this time.





Key Stage 3

SMSC



Transition into Further education and Beyond

College life, interviews, CVs, job preparation.

Health issues

Further issues such as Cancer and abortion discussed and debated. Looking at own Physical Health and revisiting topics previously covered in PSHE. Transition to KS5

Careers

Physical Health

Stress

Coping with Stressful Situations

Dealing with exam stress and anxiety. Revision and time management. College applications

Year 11: Preparing to embark on my next steps

Key Stage 4 SMSC (PSHCE)

2-year plan

Implications of Lifestyle
Looking at screen time, safe use of mobile
phones, instagram and other social networking
sites and their implications on mental health.

Mental

Health

Looking at human rights across the world. Forced marriage, FGM, cults.

Human Rights

Respecting Each Other

Addiction

Why do people become addicted?

Looking at different forms of addiction and treatment. Alcoholism, drugs, gambling,

Next Steps

Looking at next steps in education and jobs. Looking at working lives, payslips, employment rights and work experience

The Working World Revisiting Sexual Health
Looking further at risks including sexting
and pornography

Risks

Relationships

Year 10: Developing my understanding of my place within the world

Healthy Relationships?

Looking further at damaging relationships, self esteem, domestic abuse and relationship breakdown.



At The Prescot School, we pride ourselves on our diverse and supportive curriculum. Our SMSC lessons continue to evolve and develop in light of student needs and current issues. To enhance this curriculum and enrich the student experience, we placed 5 timely, learn for life days within the curriculum. On these days, all students take part in lessons and workshops on the theme of the day.

Learn for Life Days

Spring

Term

2020-2023



Summer Term 2

As the end of the school year nears; and summertime means lighter, longer nights; crimes and incidents in the community often rise. This day is in place to highlight the people that live and work in our local community and our responsibility towards them and the area that we live in.



Global Lives Day

Summer Term 1

Many Global issues are covered within Geography and Science lessons within the year, this day will enable all departments to extend on this provision and engage outside practitioners to work with groups of students to provide a more enriched experience. The day will vary in content depending on current issues going on at the time.

Summer Term

Spring Term 1

Many careers events fall at this time of year in the calendar.
Particularly National Careers week and then pupils also start to make option choices for their GCSE courses. Their SMSC lessons at this time reflect this and the working lives day is set up to provide students with a more enriched experience with the chance to work with outside practitioners and employers.



Spring Term 2

Students will reflect at this point in the year, developing a positive outlook on our school community and the diversity within. Tolerance and acceptance of differences will be recapped from previous lessons and then issues covered on the day will be formed through staff and student voice surveys at the start of the year.

Diverse Lives Day

Autumn term

In the first term of the year, SMSC lessons cover all of the personal health topics ranging from relationships to illness and metal health. Out healthy lives day gives us the chance to dedicate a lengthened and more valuable time to these topics. The emphasis for the day may change yearly depending on issues and topics that may arise that we feel would benefit for a more concentrated approach. For example, our 2020 Healthy Lives day was dedicated solely to mental health and wellbeing.



Autumn Term