The Prescot School

Year 7 Newsletter May 2023



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It has been nice to see the warmer weather and lighter nights over the past few weeks, and hopefully the half term holiday will be full of long sunny days. This past half term has felt shorter due to us having May Day and the additional bank holiday for the King's Coronation

Welcome

Year 7 have been working hard this term. During March, Year 7 sat their spring assessments, they sat their Maths and English assessments in the school hall, to give them practise and confidence for when they do their GCSE examinations in a few

years. They did really well and were a credit to themselves, parents/carers will have received the results of these assessments earlier this month.

It is hard to believe that students are nearing the end of their first year in The Prescot School. It does not seem that long since they were nervously starting secondary school. It has been a privilege to see them blossom in to confident members of the school community.

Mrs Thompson

Head of Year 7

### Headteacher's Award

Oliver Flynn was our most recent recipient of



the Head Teachers award. Oliver is a fantastic footballer and shows magnigicent

leadership qualities. Oliver plays for Blackburn Rovers Under 12s and represented them in Portugal. Despite arriving home in the early hours of the morning, he came in to school to play for the Year 7 Prescot School football team showing true integrity and ambition. Well done Oliver!





### **Circle of Friends**

#### What is Circle of Friends?

Many of our Year 7 students have accessed a programme called Circle of Friends. Circle of Friends is an approach to enhancing inclusion in a mainstream setting. It is aimed at any young person who is experiencing difficulties due to a disability, personal crisis, lack of confidence or because they may need to improve their social skills.





Circle of Friends develops the social and emotional skills of all members of the group. It can improve confidence, social skills, and self-esteem of the focus student in addition to developing the skills of other group members.

The 6 week programme includes:

- Internet safety
- Fruit tasting
- First aid skills
- Health and hygiene
- Promoting independence

Feedback from the Year 7 students who took part:

## "Did you enjoy taking part in Circle of Friends?"

It's GreatFantastic!It was Amazing!I want to say a big thank you to Mrs Davies for running the group

"What did you enjoy most about Circle of Friends?"

Creating bonds with other students / I enjoyed the fruit tasting session

We had lots of fun and we all had a good time / I enjoyed learning basic first aid skills

## "How did the sessions help you?"

They have helped me learn about dealing with emergency situations and even personal matters / Circle of Friends helped me build my confidence and feel more confident about myself / I now know how to stay safe on the internet

## Martial Arts – Thomas's Story



I love doing martial arts, it's a great activity to do after school. Whether you want to compete or just for fitness. I Go to HSKA (Hughes Sports Karate Academy) and I'm coached by world champion Lorraine Hughes. I've sometimes

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thought of quitting, but I knew there was no point after how long I've been going and because I am currently a brown belt and how close I am to my black belt. I am currently a brown belt.

I have made lots of friends doing martial arts, many of them from different schools.

I compete in tournaments with my team around the UK. My last tournament was the NSKA, North West Open. I came second in my category and my whole team of 14 fighters received 21 Medals! I would recommend this to anyone who wants to learn to fight for fun, learn to defend themselves or stay fit and healthy.



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This term in Drama we have been studying and performing a playscript entitled 'The Terrible Fate of Humpty Dumpty', which is a brilliant play that explores the consequences of bullying. Students are engaging with themes such as peer pressure, friendship and loyalty. The Year 7 students are really engaging with the text and responding with sensitivity and maturity to the issues the script raises. We have been building confidence with regard to performing and students have enjoyed spontaneous improvisation and hot seating activities.



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As well as performing scenes from the script and exploring characterisation through performance students will also have the opportunity to explore the more technical aspects of theatre, such as costume design and set design to support their knowledge of the play.

The photographs show some of our Year 7s exploring the opening scene to a play through a "still image"

### Food Technology Lessons at The Prescot School



In year 7 Food Technology this term, the students have been learning about health, safety and hygiene when cooking. They have been learning the names and uses of the small

equipment that we use in our lessons. In addition to this, they have been learning about healthy eating and the Eatwell Guide.



In practical lessons students have made fruit salad, pizza toast, couscous, vegetable chowder and apple crumble. During the practical lessons we have been developing skills such as using the bridge and claw to safely slice, weighing and measuring and how to use the oven, hob and grill. The students have produced some fantastic practical work.



#### **Fundraising**



During this past term, Year 7 students have been fundraising for our chosen school charity Alder Hey. They raised £117 by running two competitions: 'Guess the number of sweets in the jar' and 'guess the name of the teddy'. We had two winners for guess the number of sweets, Mrs Williams and Miss Nolan, who both

guessed 123 sweets - the exact number!. One of our Year 11 students correctly guessed the name of the Teddy Theo

The Year 7s will continue to raise money next term.

Following the Turkey/Syria earthquake, two Year 7 girls asked if

they could collect some money to send off to help with the British Red Cross Appeal. Maise and Melanie collected money from Year 7 forms in the mornings and asked people if they had any spare change to donate. They managed to collect £40.



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Well done to all involved and thank you for your donations!

#### Year 7 Summer PE

Year 7 have made a very positive start to the summer term in Physical Education.

Students have been taking part in athletics where they have been learning to throw the shot put, javelin, and discus. They have also taken



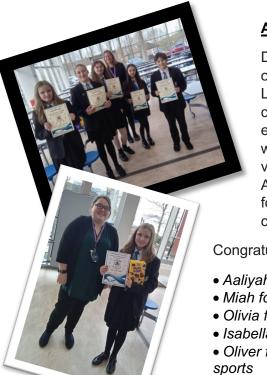
part in long jump and triple jump. On the track they have been learning about sprinting and participating in several disciplines including the 100m and 200m, they will also take part in some longer events including the 400m and 800m

Students have been learning to play rounders and softball and are enjoying being outside in the fresh air. Keep working hard Year 7, the PE team are very proud of you all!









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# Acheivement Assembly

During the last week of term we held our Easter Achievement Assembly. Lots of students were presented with certificates for excellent work and effort in their lessons. A student who has displayed the schools values of Ambition, Integrity and Appreciation was also chosen by form tutors and received a certificate and an Easter Egg. .

Congratulations to:

- Aaliyah for Integrity
- Miah for Appreciation
- Olivia for Ambition
- Isabella was our Student of the Term
- Oliver for outstanding contribution to

• Harvey for outstanding contribution to music and the arts

Ana Maria for outstanding contribution to extracurricular activities



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### Date for your Diary

Year 7 Parent/Carer Evening will take place on Thursday, 22<sup>nd</sup> June – 4 to 6pm. Further details will follow in due course.

### Well done everyone!

Have a restful and hopefully sunny half term and we look forward to seeing all students back to school on Monday 5<sup>th</sup> June at 8.35am