

## Safeguarding at our school

### How Early Help Can Help You

**Early Help is there to help children and families before little problems turn into big ones. Here is how it helps:**

- **Extra help when you need it.**

If things feel tricky at home, school or in the community, Early Help makes sure you're not dealing with it on your own.

- **Someone who listens to you:**

Adults (called Early Help co-ordinators) will listen to what you think and how you feel. Your voice matters.

- **Help with school:**

They work with you and school to make things better – maybe helping to improve attendance which will help make learning easier and more accessible.

- **Support for your family:**

They help families work together, communicate better and things feel calm and settled at home.

- **Build confidence:**

Early Help can support with learning new skills so you feel strong, empowered, happy and confident.

- **Keeping things positive:**

By accessing help early, problems don't have to get bigger – things can stay safe and happy.

### What is Child Protection?

Children's Social Care is there to **help keep children safe.**

Sometimes, adults worry that a child may not be safe or might be getting hurt. When that happens, Children's Social Care (social workers) step in to help and protect you. It's not to get anyone into trouble.

#### **Here's how it can help:**

- **Adults listen to you:**

Adults want to listen to how you feel and what's happening in your life. Your feelings matter.

- **Helps to keep you safe**

Their most important job is to make sure you feel safe at home, school and everywhere else.

- **Help for Families:**

Children's Social Care work with families to help make things better and safer for everyone. They work as a team with school, healthcare and other agencies to best support you and your family.

**Remember - you are not in trouble! Child Protection is not about blaming children, it's about helping and caring so life gets better. With the right help, families can feel safer, calmer and happier. It's there because you matter and everyone deserves to feel safe and cared for.**